## **KANNAWAY®**

# 30 Day DTOX Challenge

A modern solution inspired by ancient wellness traditions. The Kannaway 30 Day DTOX Challenge is designed to help you address today's "Metabolic Crisis" – a condition where the body struggles to properly manage energy and detoxify itself. By combining our beneficial supplements with a centuries-old herbal formula, this challenge supports your body's natural processes, helping you feel revitalized and balanced.



Our DTOX Bundle products work together to support your body's natural ability to maintain balance and health. The DTOX Bundle includes:

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- **CBD** (Premium Hemp Oil) to support your endocannabinoid system (ECS), which helps regulate key bodily functions.
- **Ginger and Turmeric** for their well-known anti-inflammatory properties, helping to reduce the inflammation that can hinder your body's natural detox pathways.
- **Muscadine** for its powerful antioxidants, which help neutralize free radicals and support your cells' energy-producing powerhouses.
- **DTOX Soak**, a unique bath soak featuring a true herbal formula that helps to detoxify and purify the mind and body.

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# How to Use RDTOX30

Follow these simple steps daily and weekly to get the most out of your challenge.



#### **Daily Routine**

Take the following supplements daily with meals for better absorption and to reduce stomach upset.

#### Morning (with breakfast):

CBD (Premium Hemp Oil): Take at least 50 mg. Turmeric & Ginger: Take 1 capsule of each.

Muscadine: Take 1 dropperful.

#### Midday (with lunch):

Turmeric & Ginger: Take 1 capsule of each.

Muscadine: Take 1 dropperful.

#### **Evening (with dinner):**

Turmeric & Ginger: Take 1 capsule of each.

Muscadine: Take 1 dropperful.

#### **Weekly Routine**

Use the DTOX Soak once a week as a luxurious, restorative ritual.

**Prep:** Pour a full 8-ounce bottle of the Detox Soak into a tub of warm, running water. You can also use a foot bath if you prefer.

**Soak:** Soak for 30 minutes or more, as tolerated.

**Tips:** Sip on water or herbal tea while you soak, and avoid using water that is uncomfortably hot.

**Recommendation:** For the best results, use the soak before bed to promote deeper relaxation and rest.

With consistent use, you can see a noticeable improvement in your metabolic health and overall well-being in just one month.